



*Be Horself*  
Horse Assisted Wellbeing

Be Horself Limited  
Established 2019  
Company Number 12358244  
Director Loredana Caminiti

## **Behorself Behaviour Policy**

### **Violence Towards Staff**

Any form of Violence towards staff is viewed by Be Horse Limited as a serious breach of trust and it will not be tolerated. Both Staff and Clients have a right to work in safe conditions and any risk to personal safety is to be kept to a minimum.

Be Horself Limited will reserve the right to terminate the working agreement with any person who will, in any form, be abusive to staff, volunteers or other service users.

People being abusive will be asked to leave the premises and may be reported to the police.

### **Definition of Violence Towards Staff**

Be Horself Limited defines Violence towards staff as the following behaviours: physical and verbal assault, bullying and threatening, harassment including sexual or racial or any form of perceived discrimination and intimidation.

We understand that during Equine Facilitated Learning (EFL) work heightened arousal levels may occur; occasionally this may result in clients feeling anger and/or frustrated. These feelings are normal and valid and can be acknowledged and managed safely.

However, if a member of staff does not feel safe in this process, then they will have to consider if it is beneficial for both parties to continue with the EFL work, or if a referral to a more appropriately trained



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practitioner needs to be made. We can also refer you if anger and violent behaviour is an issue you would like to explore.

### **Violence towards horses**

Any form of aggression or physical violence displayed towards the horses is not acceptable and we reserve the right to terminate immediately the working agreement with any person who will, in any form, be abusive to the horses.

### **Use of swear words during sessions**

Be Horself Limited welcomes spontaneity and freedom of speech; we acknowledge that for some it is natural to express feelings through swearing. We will not be judgemental or offended if that happens. However, it is important to recognize the difference between using swear words and being verbally abusive.

### **Drugs and Alcohol**

It will be clearly stated in our working agreement that if a client attends the session showing signs of being under the influence of alcohol or drugs, he/she will not be permitted and the session will be cancelled, and charged for. This is justified by the understanding that the ability to make sound judgements and decisions will be impaired under the influence.